

A LETTER FROM OUR FOUNDER

In 2020, the National Center for Faculty Development and Diversity (NCFDD) is celebrating its 10th Anniversary!

For me, writing that sentence fills me with joy. What grew out of my frustration with inconsistent mentoring and ineffective support services on my campus has now become the leading organization dedicated to supporting faculty, postdocs, and graduate students in making successful transitions at every stage of their academic career.

I started the NCFDD because I wanted to create the one thing I wish I had as a faculty member: on-demand mentoring and access to all the information I needed to succeed throughout my career. I never dreamed the organization would mentor so many academics. But 10 years later, I am proud to say we have leveraged technology to provide much-needed mentoring, coaching, professional development training, and supportive community for so many early and mid-career academics.

As excited as I am to celebrate the NCFDD's 10th Anniversary, the organization couldn't have grown into what it is today without all of you.

My warmest gratitude goes out to:

- The campus administrators who understand that retention starts at recruitment and invest in faculty success accordingly
- The faculty, postdocs, and graduate students who attend NCFDD webinars and multi-week courses, participate in our 14-day writing challenges, read our Monday Motivators, and enliven our online community
- The Faculty Success Program alumni who have allowed our mentoring to transform their careers, writing habits, and work-life balance
- Our amazing academic team, composed of 150 faculty who pour their hearts into serving as our Academic Directors, Head Coaches, Master Coaches, Small Group Coaches, Forum Moderators, and Workshop Facilitators and
- Our awesome core team in Detroit, who keeps everything running like a well-oiled machine

I hope you will join us in celebrating our 10-year Anniversary and continue to collaborate with us as we move into the next decade.

Sincerely,

Kerry Ann Rockquemore, PhD

Kerry Ann Rockguemore

Founder

NCFDD OVER THE LAST DECADE



>240

Institutional Members



>7,000

Faculty
Program
Participants



>35,000

14-Day Writing
Challenge
Participants



>400

On-Campus and
Virtual
Workshops

ABOUT US

OUR OFFERINGS

The NCFDD provides solutions for faculty members, postdocs, and graduate students through our **membership offerings**, faculty **programs**, and our on-campus workshops.

MEMBERSHIP

Members receive a weekly motivational email (the Monday Motivator) and access to the full NCFDD Core Curriculum, guest expert webinars, intensive multi-week courses facilitated by national experts, a private discussion forum, 14-Day Writing Challenges, the Dissertation Success Program, and the opportunity to connect with a writing accountability partner.

FACULTY PROGRAMS

The NCFDD offers two intensive, virtual, 12-week Faculty Programs that provide tenure-track and tenured faculty training on empirically-tested skills and strategies that improve writing, research, and professional productivity.

ON-CAMPUS AND VIRTUAL WORKSHOPS

For colleges, universities, foundations, institutes, and professional organizations looking to support the success of their faculty, post-doctoral students, graduate students, or their members, the NCFDD provides on-campus and virtual workshops and training on a wide range of topics. Each workshop is designed to addressed key topics, issues, and dilemmas by teaching concrete and empirically-tested strategies.

THRIVING IN THE ACADEMY

We focus on four key areas that help academics achieve extraordinary writing and research productivity while maintaining a full and healthy life off campus.

01

STRATEGIC PLANNING

Learn how to plan your academic year, your term, and your weekly schedule in a way that is aligned with your tenure and promotion criteria 02

EXPLOSIVE PRODUCTIVITY

Learn the skills and strategies that will help you to publish more research, win more grants, and manage your internal resistance to writing

03

HEALTHY RELATIONSHIPS

Learn how to manage your professional relationships and build a thriving network of mentors, sponsors, and collaborators

04

WORK-LIFE BALANCE

Learn how to reduce your stress, prioritize your selfcare, and find balance in your personal and professional life

INSTITUTIONAL MEMBERS

American University, Washington DC

Amherst College Arizona State University Auburn University

Bard College

Bates College

Baylor University

Bentley University

Boise State University

Boston College

Boston University

Bowdoin College

Bowling Green State University

Brandeis University Brown University Bryn Mawr College Bucknell University

California Lutheran University

California State Polytechnic University, Pomona California State University, Channel Islands

California State University, Dominguez Hills California State University, Fullerton California State University, Long Beach

California State University, Monterey Bay California State University Northridge

Carleton College

Carnegie Mellon University
Case Western Reserve University

Clemson University
Colby College
Colgate University
College of the Holy Cross
Colorado State University

Columbia University Connecticut College Cornell University Dartmouth College Davidson College Denison University

DePaul University DePauw University Dickinson College Duke University East Carolina University

Emory University Florida A&M University Florida Atlantic University Florida State University

Fordham University

Forum for Theological Exploration Framingham State University George Mason University Georgetown University George Washington University Georgia Institute of Technology

Georgia State University
Gettysburg College

Grand Valley State University

Grinnell College

Hamilton College

Harvey Mudd College

Haverford College Hunter College

Icahn School of Medicine at Mount Sinai

Illinois State University

Indiana University, Bloomington

Indiana University-Purdue University Indianapolis

Iowa State University John Jay College

Johns Hopkins University

Kennesaw State University

Kent State University

Lafayette College

Lawrence University Lehigh University

Lehman College

Louisiana State University

Loyola University Chicago

Macalester College

Miami University of Ohio

Michigan State University

Mississippi State University

Missouri University of Science & Technology

Montana State University

Mount Holyoke College

New College of Florida

New Jersey City University

New York University

North Carolina State University, Raleigh

Northeastern University

Northwestern University

Norwich University

Oberlin College

Oklahoma State University

Old Dominion University

Oregon Health & Science University

Oregon State University

Pace University

Portland State University

Princeton University

Providence College

Purdue University

Queen's University

Rice University

Rhodes College

Rochester Institute of Technology (RIT)

Rollins College

Rowan University

Rutgers University-Camden

Rutgers University-Newark

Rutgers University-New Brunswick

Ryerson University

Saint Louis University

Salisbury University

Sam Houston State University

San Diego State University

San Jose State University

Santa Clara University

Seattle University



INSTITUTIONAL MEMBERS

Simon Fraser University

Skidmore College

Smith College

Southern Illinois University Edwardsville

Southern Methodist University

Spelman College Stanford University St. John's University Swarthmore College Syracuse University Texas A&M University

Texas Christian University **Texas Tech University**

The College At Brockport State University Of New York

The College of Wooster The Ohio State University

The University of Alabama at Birmingham The University of Alabama, Tuscaloosa

The University of Chicago

The University of Tennessee, Knoxville The University of Texas at Austin The University of Texas at San Antonio

Towson University Trinity College Tufts University Tulane University

United States Military Academy

University at Albany University of Arizona University of Arkansas University of British Columbia University of California, Berkeley University of California, Davis University of California, Irvine University of California, Los Angeles University of California, Merced University of California, Riverside University of California, San Diego University of California, San Francisco University of California, Santa Barbara

University of Cincinnati University of Colorado Boulder

University of Colorado Colorado Springs

University of Colorado Denver University of Connecticut University of Delaware University of Detroit - Mercy University of Denver University of Florida University of Georgia University of Houston

University of Illinois at Chicago

University of Illinois at Urbana-Champaign

University of Iowa University of Kansas University of Kentucky University of Louisville

University of Maryland, Baltimore

University of Maryland, Baltimore County

University of Maryland, College Park

University of Massachusetts, Amherst

University of Massachusetts, Boston

University of Michigan, Ann Arbor

University of Michigan-Dearborn

University of Michigan, Flint

University of Minnesota, Crookston

University of Minnesota, Duluth

University of Minnesota, Morris

University of Minnesota, Twin Cities

University of Mississippi

University of Missouri-Columbia

University of Missouri-Kansas City

University of Missouri-St. Louis

University of Nebraska-Lincoln

University of Nevada, Las Vegas

University of Nevada-Reno

University of New Mexico

University of North Carolina at Chapel Hill

University of North Carolina at Greensboro

University of North Dakota

University of North Texas

University of Notre Dame

University of Oklahoma

University of Oregon

University of Pennsylvania

University of Pittsburgh

University of Richmond

University of South Carolina

University of Southern California

University of South Florida

University of St. Thomas

University of Texas at Arlington University of Texas at Dallas

University of the Pacific

University of Toronto

University of Utah

University of Virginia

University of Washington

University of Wisconsin-Madison

UT Health San Antonio

Vanderbilt University

Vassar College

Villanova University

Virginia Commonwealth University

Virginia Polytechnic Institute and State University

Washington University in St. Louis

Washington State University

Wayne State University

Wellesley College

West Chester University of Pennsylvania

West Virginia University

William & Mary

Williams College

Wofford College

Worcester Polytechnic Institute

York University

CORE SKILLS

01

STRATEGIC PLANNING

02

EXPLOSIVE PRODUCTIVITY

03

HEALTHY RELATIONSHIPS

04

WORK-LIFE BALANCE

CORE CURRICULUM

The NCFDD's Core Curriculum is designed to teach faculty the 10 key skills necessary to Thrive in the Academy. We define "thriving" as having extraordinary writing and research productivity AND having a full and healthy life off campus.

EVERY SEMESTER NEEDS A PLAN

We offer this planning webinar at the beginning of each semester so that participants can take time out of their schedule to identify their personal and professional goals, create a strategic plan to accomplish them, and identify the types of community, support, and accountability they need to make this their most productive and balanced semester ever!

HOW TO ALIGN YOUR TIME WITH YOUR PRIORITIES

How to Align Your Time with Your Priorities is a step-by-step guide to holding a weekly planning meeting (aka The Sunday Meeting). In this webinar, participants learn what works and what doesn't work when it comes to weekly planning, how weekly planning can help them gain control of their workday, and the 30-minute technique that will help them make sure that the most important things get done each day.

CORE CURRICULUM

HOW TO DEVELOP A DAILY WRITING PRACTICE

In this webinar participants learn the three biggest myths about writing, and the 30-minute strategy that will increase their writing productivity AND decrease their stress, anxiety and guilt.

MASTERING ACADEMIC TIME MANAGEMENT

Participants will learn the three biggest mistakes that new faculty make in managing their time, why and how to align work time with institutional and personal priorities, how to create time for academic writing and research, and how to organize a network of support and accountability for writing productivity and balance.

MOVING FROM RESISTANCE TO WRITING

In this webinar, participants learn what resistance is, how to identify what's holding them back from writing, and how to create community, support and accountability for their writing.



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CORE CURRICULUM

THE ART OF SAYING NO

In this webinar, participants will learn the biggest mistakes faculty make in responding to requests, how to identify and disrupt problematic patterns, and strategies that they can implement immediately so they can add "no" to their vocabulary.

CULTIVATING YOUR NETWORK OF MENTORS, SPONSORS, AND COLLABORATORS

This webinar will help participants map their current mentoring network, identify their unmet needs and plan how to expand their existing network to meet their current needs.

OVERCOMING ACADEMIC PERFECTIONISM

In this webinar, perfectionists will unite to get clear about the causes and consequences of excessive perfectionism, the features of academic life that intensify perfectionism, and strategies to identify their perfectionism, assess whether it is useful or debilitating, and adjust their standards accordingly.

CORE CURRICULUM

HOW TO ENGAGE IN HEALTHY CONFLICT

In this webinar, participants will learn how conflict-management is an essential part of thriving in the Academy, how to decide when to push back and when to pull back in the face of conflict, the difference between healthy and unhealthy conflict, how to get clear about the role that power plays in resolving departmental conflicts, and ten tips for engaging in healthy conflict.

HOW TO MANAGE STRESS, REJECTION, AND HATERS IN YOUR MIDST

Participants will learn the impact that stress and negativity can have if they are not managed, how to identify the most common areas of stress in academic life, and concrete strategies for managing the physical, emotional, and attitudinal effects of stress.

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GUEST EXPERT AND MULTI-WEEK COURSES

GUEST EXPERT WEBINARS

We offer a variety of Guest Expert Webinars designed to meet the needs of faculty members, postdocs, and graduate students. These 60-90 minute professional development sessions focus on member-requested topics including wellness, the job market, rank-specific skill training, and the "big questions" of purpose and passion. New Guest Expert Webinars are posted every month.

MULTI-WEEK COURSES

Our Multi-Week Courses are intensive series where you'll be guided by expert facilitators in tackling the Academy's most pressing challenges. These are the skills you need to know to thrive in the Academy but are never taught.

COURSE LIBRARY

We have over 130 webinars in our course library including our most popular:

- Teaching In No Time
- Moving from Associate to Full Professor
- How to Craft a Winning Book Proposal
- How to Market Your Book on Social Media
- Imposter Syndrome

WEBINAR TOPICS

ACADEMIC PUBLISHING

TEACHING

WRITING AND RESEARCH PRODUCTIVITY

WORK-LIFE BALANCE

INCIVILITY ON CAMPUS

HEALTHY RELATIONSHIPS

STRATEGIC PLANNING

GUEST EXPERT AND MULTI-WEEK COURSES

We are consistently adding to our webinar offerings and the Webinar Library on our website is the best place to see new content.

TEACHING

- Addressing Incivility in the Classroom
- Creating a Harassment-Free Lab
- How to Challenge Race and Gender Bias in Student Evaluations
- How to Successfully Set-Up and Manage a Lab
- Presumed Incompetent: Race, Gender, and Class in Academia
- Teaching in Color: Effective Teaching Strategies for Faculty of Color

HEALTHY RELATIONSHIPS

- Collaboration: How to Work with Others without Losing Your Friends or Your Mind
- Drama-Free Collaborations: How to Develop and Sustain Healthy Partnerships with Co-Authors
- How to Cultivate Wellness in the Midst of Life Transitions and Loss
- Imposter Syndrome: How to Recognize it, Overcome It and Realize Your Academic Goals
- Micro-Aggressions, Micro-Resistance, and Ally Development in the Academy
- Networking for Introverts (and Extroverts, Too!):
 How to Make the Most of Your Next Conference
- Smarty Pants Comes Home for the Holidays
- Twitter: How to Win Followers and Influence People
- What Happens When You Promise Time and Energy You Don't Have?

STRATEGIC PLANNING

- Getting the Job You Want by Perfecting Your CV and Cover Letter
- · How to Find Your Pillars of Genius
- How to Manage Multiple Projects for Faculty in the Humanities
- How to Market Your Book on Social Media
- How to Negotiate for Success
- How To Prepare Your Tenure File
- Managing Multiple Roles: How to be a Faculty Member and an Administrator
- Moving from Associate to Full Professor
- So You're Thinking of Retiring
- Successful Strategies for Faculty Diversity: Valuing Faculty Work that Promotes Equity

INCIVILITY ON CAMPUS

- Bully in the Ivory Tower: How Aggression and Incivility Erode American Higher Education
- (In)Civility in Academic Spaces

ACADEMIC PUBLISHING:

- An Editor's Perspective: The Nuts and Bolts of Academic Publishing
- How to Market Your Book from Day One
- How to Negotiate an Academic Book Contract
- Practical Tips for Publishing Scholarly Articles
- Publishing Tips for Mid-Career Scholars

WORK-LIFE BALANCE

- Academic Life: What's Mindfulness and Compassion Got To Do With It?
- Academic Motherhood: How Faculty Manage Work and Family
- Disability and Living/Working in the Academy
- How to Manage Chronic Illness and Academic Life
- How to Maximize Your Sabbatical
- Preparing for Parenthood on the Tenure Clock
- Resting to Rise: Reduce Burn Out, Find Your Joy for Writing and Life, and Create a Just Academia
- Wellness and Technology

WRITING AND RESEARCH PRODUCTIVITY

- Building a Publishing Pipeline: Concrete Strategies for Increasing Your Writing Productivity
- Daily Writing for Academic Scientists and Engineers
- Developing Writing Rituals: A Key to Jumpstarting and Maintaining Productivity
- Embracing Rejection: De-Stigmatizing Submissions and Purifying Your Writing Process
- Flow: Finding (and Keeping!) Joy in Academic Writing and Research
- How To Overcome Shame, The Imposter Syndrome And Become A Prolific Scholar
- How to Work with Academic Editors
- How to Write an Article in No Time
- Maintaining an Active Research Agenda on the Alt-Ac Track
- Making the Most of your NCFDD Membership
- Navigating the Barriers to Getting Your STEM Grant Funded
- Writing as Metaphor
- Writing for a Broader Audience:
- Writing Science: How to Write Papers that Get Cited and Proposals that Get Funded
- Writing through Writer's Block
- How to Speak to (and Engage!) Non-Academic Audiences

SOURGE

14-DAY WRITING CHALLENGE

The 14-Day Writing Challenge is an opportunity for members to experiment with daily writing in a supportive environment with a little daily dose of electronic love from the NCFDD. The challenge happens 3 times per year and is open to all members.

The challenge is simple: write for at least 30 minutes every day (Monday through Friday) for two weeks. At the end of that time, participants can evaluate whether daily writing and a supportive community increased or decreased their productivity.

DISSERTATION SUCCESS PROGRAM

The NCFDD Dissertation Success Curriculum is designed to provide the skills, strategies, and support that advanced graduate students need to overcome the three biggest obstacles to finishing their dissertation: perfectionism, procrastination, and isolation. The program is built on the premise that there is only one way to complete a dissertation: WRITE IT!



NCFDD has transformed many of my professional and personal habits. I am not only more productive academically but have learned to keep a balanced life. I have lost count of how many times I have done the "Every Semester Needs a Plan" webinar, and taken the 14-day writing challenge. These tools have grounded me when I needed to remember what was important.

Adriana Brodsky, PhD Professor St. Mary's College of Maryland

MONDAY MOTIVATORS

The Monday Motivator is a weekly email that provides positive energy, good vibes, and a productivity tip. The purpose of the weekly message is to reinforce the ideas presented in our Core Curriculum and provide support for individuals as they transition throughout their career. There are some moments in our lives and careers when we are so overwhelmed that it feels impossible to attend a training, log in to a forum, or join a program. For those moments, we offer the Monday Motivator as a micro-learning opportunity.

DISCUSSION FORUMS

Faculty, grad students, and post docs alike can all benefit from the online community of our Discussion Forums. Our forums have a range of topics including publishing, dissertation support, and monthly writing challenges.

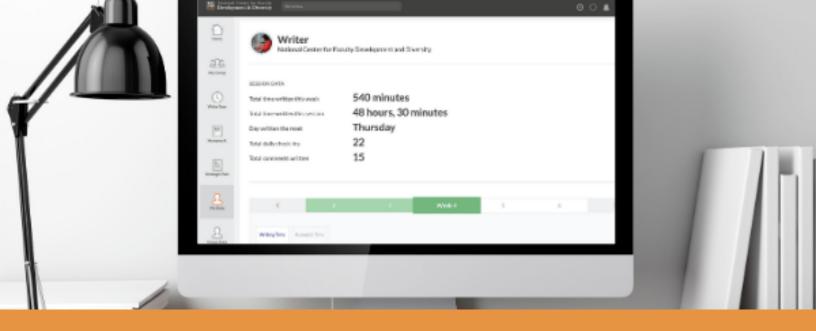
ACCOUNTABILITY BUDDY MATCHING

If a member is looking for some external accountability for their writing and research goals, we can match them with a member of similar status.



Each week, I look forward to receiving the Monday Motivator e-mail. The e-mail includes clear, concrete, and concise steps that help me address issues I am facing as a faculty member. I find it so helpful to know that other faculty face similar issues, and the advice in the Monday Motivator truly does motivate and empower me. It is just one of many NCFDD resources I have found valuable to my success.

Kari Taylor, PhD Assistant Professor Springfield College



14-DAY WRITING CHALLENGE

The 14-Day Writing Challenge is a great opportunity for all members at any stage in their career to experiment with daily writing. Using our proprietary program software, WriteNow, participants are able to engage with a supportive community and track their writing and research progress. At the end of the challenge, participants will have a qualitative summary of their progress and can see how implementing daily writing can increase overall writing productivity.

14-DAY WRITING CHALLENGE IN NUMBERS*



>3,500

Average number of participants per Challenge



>1,500,000

Average
Accumulative Minutes
Written per Challenge



>60

Average Minutes
Written Daily

*Spring 2019-Summer 2020







NCFDD TEAM



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